

DECEMBER 2018

CHILDREN'S HOUSE MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Hanukkah begins 12/2/18	3 Chicken Patty on a Roll (wg) w/Lettuce Cucumber Salad w/Dressing Kettle Chips Pears	4 Fish Sticks Rice Pilaf Peas Apple Slices	5 Mac (wo) & Cheese Steamed Carrots Blueberries in Plain Yogurt	6 French Toast Sticks (wg) Cottage Cheese Hash Browns Bananas	7 Beef Stew (HM) (Small bites -Beef, Carrots, Celery, Onion, Potato) Warm Roll (WG) Applesauce	
	10 Roasted Chicken Carrots Wheat Roll (wg) Applesauce	Turkey Chunks in Gravy over Mashed Potatoes Bread (wg) Sliced Carrots Orange Smiles	12 Cheese Quesadillas Rice (ws) & Beans Corn & Salsa Pineapples	13 Meatloaf w/Gravy Mashed Sweet Potatoes Warm Roll Green Beans Strawberries w/ Chocolate Drizzle	14 Chicken Nuggets Sweet & Sour Sauce Baked French Fries Wheat Pita (wg) Fruit Cocktail HOLIDAY PARTY	
	17 Pancakes Yogurt w/ Strawberries Hash Browns Pineapple Rings	18 Rotini (wg) w/Marinara & Meat Sauce (HM) Cauliflower Apple Slices	19 Fish Sticks Buttered Egg Noodles (wo) Steamed Broccoli Peaches	20 Wheat Pita (wc) Cheese Pizzas Tossed Salad Potato Puffs Apple Slices	21 Chicken Gumbo (w/Veggies) Cornbread Fresh Honeydew Wedges	
	24 Chicken Parmesan Peas Seasoned Linguini Pears	25 MERRY CHRISTMASt Center Closed	Grilled Cheese (wg) Tomato Soup Gold Fish Crackers Melon Slices Kwanzaa begins	American Chop Suey w/Meat Sauce Warm Roll (wg) Mixed Tropical Fruit Cup	28 Hearty Chicken Noodle Soup w/ Carrots/Celery (HM) (WG) Bread & Butter (Sliced Cheese optional too) Warm Applesauce	Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children over 2.